

Integrate by parts as follows:

$$\begin{aligned} & \int_0^{2\pi} f(x)\cos(x)dx = \\ & [f(x)\sin(x)]_0^{2\pi} - \int_0^{2\pi} f'(x)\sin(x)dx = \\ & -([-f'(x)\cos(x)]_0^{2\pi} - \int_0^{2\pi} -f''(x)\cos(x)dx) = \\ & \int_0^{2\pi} f''(x)(1 - \cos(x))dx \geq 0, \text{ since } f'' \geq 0 \text{ by convexity of } f. \end{aligned}$$